



# JULY 2024

## RECREATION CALENDAR – BIRCH, CEDAR AND DOGWOOD

**\*\* PLEASE NOTE: ALL PROGRAMS AND LOCATIONS ARE SUBJECT TO CHANGE \*\***



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Activities/Recreation Program Location Key:</b></p> <p><b>B = Birch Blvd</b>  <b>C = Cedar Court</b>  <b>D = Dogwood Drive</b>  <b>GR = Great Room</b>  <b>FW = Facility Wide</b></p>	<p><b>1</b></p> <p>9:45 Exercise Group - C            10:45 Gentle Movement - D  <b>1:15 Movie: "Spider Man" – Ch. 3</b>            1:45 – 3:00 Drum Circle/Trivia – D            3:45 Card Games – B            6:15 Word Games - C  <b>6:45 NY Mets vs. Washington Nationals – Ch. 3</b>            7:00 Room Visits/Library Cart - B</p>	<p><b>2</b></p> <p>9:45 Exercise for the Brain - C  <b>1:15 Musical: "Gigi" – Ch. 3</b>            1:45 Art Activity – D            3:00 Nail Salon – C            4:00 Chain Reaction - B  <b>7:05 NY Yankees vs. Cincinnati Reds – Ch. 3</b></p>	<p><b>3</b></p> <p>9:30 Individual Room Activities – C            9:30 Individual Room Activities - D  <b>10:30 Methodist Church Service – Ch. 3</b>            11:00 Time for Fresh Air (weather permitting) - B  <b>1:15 Movie: "Footloose" – Ch. 3</b>            1:45 Trivia Game – D            3:00 Chair Yoga – B            4:00 4<sup>th</sup> of July Creative Arts Program - C  <b>6:45 NY Mets vs. Washington Nationals – Ch. 3</b></p>	<p><b>4</b></p> <p>9:45 Soothing Hands - C  <b>10:30 Christian Church Service – Ch. 3</b>            11:00 Exercise Group - D            11:00 4<sup>th</sup> of July Creative Arts Program - B  <b>1:05 NY Yankees vs. Cincinnati Reds – Ch. 3</b>  <b>2:15 4<sup>th</sup> of July Music Performance with Bosco – GR</b>            4:00 4<sup>th</sup> of July Creative Arts Program - D</p>	<p><b>5</b></p> <p>9:30 Individual Room Activities - D            9:30 Library Cart/Room Visits - C  <b>10:30 Catholic Prayer Service – GR</b>            11:15 Hangman - B  <b>1:15 Movie: "At War with the Army" – Ch. 3</b>            1:15 Room Visits – B            1:45 Gentle Movement - C            3:00 Nail Salon – D            3:15 Time for Fresh Air (weather permitting) - B  <b>3:30 Jewish Services – Ch. 3</b>  <b>6:40 NY Mets vs. Pittsburgh Pirates – Ch. 3</b></p>	<p><b>6</b></p> <p>9:45 Reminiscence Group - C  <b>10:45 Spanish Group – GR</b>            11:15 Hangman - D  <b>1:05 NY Yankees vs. Boston Red Sox – Ch. 3</b>            1:45 Time for Fresh Air (weather permitting) – C            1:45 Darts - D            4:00 Table Games – B            6:15 My Favorite... - B</p>
<p><b>7</b></p> <p>9:30 Catholic Mass – Ch. 3            9:45 Family Feud - D  <b>1:35 NY Mets vs. Pittsburgh Pirates – Ch. 3</b>            1:45 Hangman – C  <b>2:30 Strolling Music - D</b>            3:00 Trivia: "Famous People" – B  <b>7:10 NY Yankees vs. Boston Red Sox – Ch. 3</b></p>	<p><b>8</b></p> <p>9:45 Discussion Group – C            11:15 Physical Games - D  <b>12:35 NY Mets vs. Pittsburgh Pirates – Ch. 3</b>  <b>2:15 Music Performance with Juan Ortega – GR</b>            4:00 Discussion Group: "Olympics" – B</p>	<p><b>9</b></p> <p><b>National Sugar Cookie Day</b>            9:30 Library Cart - B            9:45 Exercise Group – C            9:45 – 11:30 Golf/Watercolor Painting - D  <b>10:45 Baking Group: "Sugar Cookies" – GR</b>  <b>1:15 Movie: "Flash" – Ch. 3</b>  <b>1:30 Strolling Music - FW</b>  <b>2:30 Petting Zoo Visit (weather permitting) ADC Parking Lot</b>            4:00 Reminiscence Group - C  <b>6:50 NY Yankees vs. Tampa Bay Rays – Ch. 3</b></p>	<p><b>10</b></p> <p>9:30 Individual Room Activities – C            10:30 Individual Room Activities - D  <b>10:30 Methodist Church Service – Ch. 3</b>  <b>11:45 Resident BBQ (Birch) - GR</b>  <b>1:15 Movie: "Because I Said So" – Ch. 3</b>  <b>2:15 Balloon Volleyball (C vs. D) – GR</b>            4:00 Karaoke/Sing Along – B  <b>7:10 NY Mets vs. Washington Nationals – Ch. 3</b></p>	<p><b>11</b></p> <p>9:30 Soothing Hands – C            9:30 Exercise Group - D  <b>10:30 Christian Church Service – Ch. 3</b>  <b>10:45 Coffee Social – GR</b>  <b>1:15 Musical: "Follow the Fleet" – Ch. 3</b>  <b>2:00 Trinity Church Service – GR</b>            2:15 Time for Fresh Air (weather permitting) – B            3:15 Adult Coloring – D            3:15 Table Games - C  <b>6:50 NY Yankees vs. Tampa Bay Rays – Ch. 3</b></p>	<p><b>12</b></p> <p><b>National French Fry Day</b>            9:45 Morning Discussion Group – C            11:00 Knock 'em Down - D  <b>1:15 Movie: "It Could Happen to You" – Ch. 3</b>  <b>2:00 French Fry Social – GR</b>  <b>2:00 Strolling Music – FW</b>            3:30 Dominoes - B  <b>3:30 Jewish Services – Ch. 3</b>  <b>7:10 NY Mets vs. Colorado Rockies – Ch. 3</b></p>	<p><b>13</b></p> <p>9:45 Exercise Group - C  <b>10:45 Mission Church Meet and Greet – GR</b>  <b>1:15 Film: "The Greatest Night of Pop" – Ch. 3</b>            1:45 Chair Yoga – D            3:00 Chair Yoga - B  <b>4:05 NY Yankees vs. Baltimore Orioles – Ch. 3</b></p>
<p><b>14</b></p> <p>9:30 Catholic Mass – Ch. 3            9:45 Nail Salon - C            10:00 Knock 'em Down - D            11:00 Table Games - B  <b>1:15 Movie: "American Graffiti" – Ch. 3</b>  <b>2:00 – 3:30 Car Show (weather permitting) ADC Parking Lot</b>            4:00 Room Visits - B</p>	<p><b>15</b></p> <p><b>National Gummy Worm Day</b>            9:45 Discussion Group – D            11:00 Horse Racing Game - B  <b>1:15 Movie: "Smokey and the Bandit" – Ch. 3</b>  <b>2:00 Food Committee Meeting – GR</b>            2:15 Art Project – C            2:15 Room Visits/Library Cart - D  <b>2:30 Resident Council Meeting – GR</b>            3:30 Word Games – D            3:30 Time for Fresh Air (weather permitting) – B            6:00 Dominoes – C            7:00 Discussion Group - B  <b>8:00 MLB All Star Home Run Derby</b></p>	<p><b>16</b></p> <p>9:45 Exercise Group - C            10:45 Bingo - D            11:15 Adult Coloring – B  <b>1:15 Movie: "Field of Dreams" – Ch. 3</b>            1:45 Bingo - C            2:30 Creative Arts Program - D            3:45 Adult Coloring - C            3:45 Target Practice – B  <b>8:00 MLB All Star Game</b></p>	<p><b>17</b></p> <p>9:30 Individual Room Activities – C  <b>10:30 Methodist Church Service – Ch. 3</b>            10:45 Treasure Hunt Game - D  <b>11:45 Resident BBQ (Cedar) – GR</b>  <b>1:15 Movie: "Mr. Mom" – Ch. 3</b>            2:00 Ring Toss Game – C            3:00 Nail Salon – B            4:00 Karaoke/Sing Along - D</p>	<p><b>18</b></p> <p>9:30 Soothing Hands – D            9:30 What's in the Bag? - C  <b>10:30 Christian Church Service – Ch. 3</b>  <b>10:45 – 11:30 Coffee Social – GR</b>  <b>1:15 Musical: "Shall We Dance" – Ch. 3</b>            1:30 Nail Salon - D  <b>2:00 Bowling – GR</b>            2:30 Creative Arts Program – C            3:30 Word Games - D            4:00 Table Games – B            6:15 Physical Games – C</p>	<p><b>19</b></p> <p><b>National Raspberry Cake Day</b>            9:30 Exercise Group - D            9:30 Room Visits - C  <b>10:30 Catholic Prayer Service – GR</b>  <b>1:15 Movie: "My Big Fat Greek Wedding 2" – Ch. 3</b>  <b>2:00 Raspberry Cake Social – GR</b>  <b>2:00 Strolling Music – FW</b>  <b>3:30 Jewish Services – Ch. 3</b>  <b>7:10 NY Mets vs. Miami Marlins – Ch. 3</b></p>	<p><b>20</b></p> <p><b>National Lollipop Day</b>            9:45 Craft Group - C  <b>10:45 Spanish Group – GR</b>            11:00 Coffee Social - B            11:15 Word Games – C  <b>1:05 NY Yankees vs. Tampa Bay Rays – Ch. 3</b>  <b>2:15 Music Performance with Bob Martinson – GR</b>            4:00 Time for Fresh Air (weather permitting) – B            6:15 Discussion Group – C</p>
<p><b>21</b></p> <p><b>National Junk Food Day</b>            9:30 Catholic Mass – Ch. 3            9:45 Exercise Group - C            10:00 Current Events - D            11:00 Physical Games – B  <b>1:35 NY Yankees vs. Tampa Bay Rays – Ch. 3</b>            1:45 "20 Questions" - C            1:45 Exercise Group - D            3:00 Finish the Phrase - B</p>	<p><b>22</b></p> <p>9:45 Table Games - D            10:45 Adult Coloring – C            11:15 Jigsaw Puzzle Program - B  <b>1:05 NY Yankees vs. Tampa Bay Rays – Ch. 3</b>  <b>2:00 Balloon Volleyball (A vs. B) – GR</b>            2:30 – 3:15 Time for Fresh Air (weather permitting) – D  <b>4:00 Men's Club – GR</b>            6:15 Physical Games – C</p>	<p><b>23</b></p> <p>9:30 Library Cart/Room Visits - B            9:45 – 11:30 Sports Arena - D            10:45 Trivia Program - C  <b>10:45 – 11:30 Bingo – GR</b>  <b>1:15 Movie: "Crazy Rich Asians" – Ch. 3</b>  <b>2:15 Music Performance with Russell DeLuca – GR</b>            3:45 Nail Salon – B  <b>7:05 NY Yankees vs. NY Mets – Ch. 3</b></p>	<p><b>24</b></p> <p><b>Amelia Earhart Day</b>            9:30 Individual Room Activities – C  <b>10:30 Methodist Church Service – Ch. 3</b>            10:45 Trivia Program - D  <b>11:45 Resident BBQ (Dogwood) – GR</b>  <b>1:15 Movie: "Amelia" – Ch. 3</b>  <b>2:15 "Amelia Earhart" Program – GR</b>  <b>2:30 Strolling Music -B, D</b>            3:45 Karaoke/Sing Along – C            3:45 Nail Salon – D            6:15 Word Games – B</p>	<p><b>25</b></p> <p><b>National Wine and Cheese Day</b>            9:30 Individual Room Activities - D            9:30 Nail Salon - C  <b>10:30 Christian Church Service – Ch. 3</b>  <b>10:45 Coffee Social – GR</b>            11:15 Room Visits – B  <b>1:15 Movie: "Appaloosa" – Ch. 3</b>  <b>2:00 Wine and Cheese Social – GR</b>            3:45 Table Games - C            6:15 Program to be Announced – B  <b>7:10 NY Mets vs. Atlanta Braves – Ch. 3</b></p>	<p><b>26</b></p> <p>9:45 – 11:30 Dominoes/Table Games - C            9:45 Library Cart/Room Visits - D            11:00 Adult Coloring – B  <b>1:15 Travel Video: "Las Vegas" – Ch. 3</b>            1:45 – 3:15 Time for Fresh Air (weather permitting) - C            1:45 – 3:15 Balloon Volleyball/ Discussion Group - D  <b>3:30 Jewish Services – Ch. 3</b>            4:00 Card Games - B            4:00 Room Visits – Loc. TBA  <b>7:10 NY Mets vs. Atlanta Braves – Ch. 3</b></p>	<p><b>27</b></p> <p>9:45 Movement Activity - C            10:45 Coffee Social – D            10:45 Coffee Social – B  <b>1:15 Movie: "The Kitchen" – Ch. 3</b>            1:45 Target Practice - D            3:00 Target Practice – B  <b>7:05 NY Yankees vs. Boston Red Sox – Ch. 5</b></p>
<p><b>28</b></p> <p>9:30 Catholic Mass – Ch. 3            9:45 Knock 'em Down - C            10:00 Word Games - D            11:00 Table Games – B  <b>1:35 NY Yankees vs. Boston Red Sox – Ch. 3</b>  <b>2:15 Bingo – GR</b>  <b>2:30 Strolling Music - FW</b>            3:45 Room Visits - B</p>	<p><b>29</b></p> <p>9:45 Word Games - C            10:30 Exercise Group - D            11:00 Treasure Hunt Game – B  <b>1:15 Movie: "The Devil Wears Prada" – Ch. 3</b>            1:30 – 3:00 Nail Salon - D            3:30 Time for Fresh Air (weather permitting) – B            4:00 Ice Cream Social - C  <b>6:40 NY Yankees vs. Philadelphia Phillies – Ch. 3</b>            7:00 Card Games – B</p>	<p><b>30</b></p> <p>9:45 Exercise Group – D            10:45 Bingo - C            11:15 Horse Racing – B  <b>1:15 Movie: "North Country" – Ch. 3</b>  <b>2:00 – 3:15 Creative Arts Program - GR</b>  <b>2:45 Strolling Music – B</b>            3:45 Horse Racing - C            3:45 Time for Fresh Air (weather permitting) - D  <b>7:10 NY Mets vs. Minnesota Twins – Ch. 3</b></p>	<p><b>31</b></p> <p>9:30 Individual Room Activities – C  <b>10:30 Methodist Church Service – Ch. 3</b>            10:45 Trivia Game - D  <b>12:35 NY Yankees vs. Philadelphia Phillies – Ch. 3</b>            2:00 – 3:30 Time for Fresh Air (weather permitting) - C            2:00 Balloon Volleyball - D            3:15 Brain Quest - B            6:15 Time for Fresh Air (weather permitting) –</p>	<p><b>PLEASE NOTE: WEATHER PERMITTING, PROGRAMS MAY BE MOVED TO THE COURTYARD AREA</b></p> 		