




May 2023

Putnam Ridge Recreation Calendar

* Please Note: All Programs are Subject to Change **



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">Recreation/Activity Program/Location Key: <i>A = Apple Avenue</i> <i>B = Birch Blvd</i> <i>C = Cedar Court</i> <i>D = Dogwood Drive</i> <i>FW = Facility Wide</i> Loc. TBA = Location to be Announced</p>	<p style="text-align: right;">1</p> <p>9:45 Gentle Movement - A 11:00 Chair Yoga - D 1:45 Balloon Volleyball - C 1:45 Music Connections with Rachel - A 2:45 Music Connections with Rachel - B 3:15 Creative Arts (Exploring Collage) - C 4:00 Sensory Room Visits - Loc. TBA</p>	<p style="text-align: right;">2</p> <p>9:45 Nail Salon - A 9:45 Exercise for the Brain - C 11:00 Sports Arena - D 1:45 Knock 'em Down - B 1:45 Music Connections with Rachel - C 2:30 Strolling Music - A, B 2:45 Music Connections with Rachel - D 3:45 Library Visit with Abbey - GR 6:00 Hangman - C 7:00 Finish the Phrase - B</p>	<p style="text-align: right;">3</p> <p>9:45 Sensory Group - A 10:15 Methodist Church Service - Ch. 3 11:00 Exercise Group - A 1:30 Strolling Music - A, D 1:45 Painting with Acrylics - D 2:00 Balloon Volleyball - A 2:15 Board Games - C 3:15 Nail Salon - B</p>	<p style="text-align: right;">4</p> <p>9:45 Sensory: Picture Fun - A 9:45 Nail Salon - D 10:15 Christian Church Service - Ch. 3 10:45 Patio Time (weather permitting) - A 1:45 Craft Group - A 1:45 Adult Coloring - C 2:00 Exercise Group - D 3:15 Watercolor Painting - B</p>	<p style="text-align: right;">5</p> <p>Cinco de Mayo 9:30 Library Cart - C 9:30 Sensory Group - A 9:30 Discussion Group - D 10:30 Catholic Prayer Service - GR 11:00 Balloon Volleyball - A 1:45 Creative Arts - A 2:00 cinco de Mayo Craft Project - GR 3:45 Library Cart - B 3:45 Card Games - D</p>	<p style="text-align: right;">6</p> <p>9:45 Soothing Hands - A 10:00 Chair Yoga - C 11:00 Horse Racing - A 11:00 Balloon Volleyball - D 1:45 Horse Racing - C 1:45 Board Games - D 2:30 Strolling Music - FW 3:00 Card Games - B</p>
<p style="text-align: right;">7</p> <p>9:30 Catholic Mass - Ch. 3 10:00 Aromatherapy - A 10:00 Recreation Cart - C 11:00 Balloon Toss - A 11:00 Card Games - D 1:45 Drum Circle - C 1:45 Word Games - D 3:15 Adult Coloring - A 3:15 Bingo - B</p>	<p style="text-align: right;">8</p> <p>9:45 Sorting Colors and Shapes - A 9:45 Bean Bag Toss - C 10:45 Soothing Hands - A 11:00 Chair Yoga - D 1:45 Craft Group: "Purple Iris" - D 1:45 Music Connections with Rachel - A 2:45 Drama Group with Rachel - B 3:15 Charades - C 3:30 Storytelling - A 6:00 Physical Games - C 7:00 Table Games - B</p>	<p style="text-align: right;">9</p> <p>9:45 Balloon Exercises - A 11:00 Mini Golf - D 1:45 Drama Group with Rachel - C 1:45 Drum Circle - A 2:45 Drama Group with Rachel - D 3:15 Hi/Lo Game - C 4:00 Library Cart - B, C</p>	<p style="text-align: right;">10</p> <p>9:45 Tactile Program - A 9:45 Nail Salon - B 9:45 Reminiscence Group - D 10:15 Methodist Church Service - Ch. 3 10:45 Word Games - D 11:00 Exercise Group - C 1:30 Strolling Music - FW 1:45 Hangman - A 2:00 Bowling - GR</p>	<p style="text-align: right;">11</p> <p>9:45 Nail Salon - D 9:45 Soothing Hands - A 9:45 Gentle Movement - C 10:15 Christian Church Service - Ch. 3 10:45 Physical Games - A 10:45 Chair Yoga - B 2:00 Violin Melodies with Tom Aalfs - GR 3:45 Colors and Shapes - A</p>	<p style="text-align: right;">12</p> <p>9:45 Discussion Group - C 9:45 Drum Circle - A 10:45 Craft Group - D 10:45 Sensory Group - A 1:45 Patio Time (weather permitting) - A 1:45 Nail Salon - C 3:30 Word Games - B 6:00 Storytelling - A 7:00 Target Practice - C</p>	<p style="text-align: right;">13</p> <p>9:45 Aromatherapy - A 10:45 Reminiscence Group - D 11:15 Room Visits - C 1:45 Bingo - GR 2:00 Strolling Music - FW 3:45 Patio Time (weather permitting) - B 6:15 Sensory Group - A</p>
<p style="text-align: right;">14</p> <p>Mother's Day 9:30 Catholic Mass - Ch. 3 10:00 Mother's Day Floral Delivery - FW 10:00 Balloon Volleyball - A 11:00 Exercise Group - C 2:00 Mother's Day Concert - GR</p>	<p style="text-align: right;">15</p> <p>9:45 Gentle Movement - A 10:45 Chair Yoga - D 1:45 Arts and Crafts - C 1:45 Music Connections with Rachel - A 2:45 Music and Movement with Rachel - B 3:15 Creative Explorations - B</p>	<p style="text-align: right;">16</p> <p>9:45 Nail Salon - A 9:45 "Name That Item" - C 10:45 "20 Questions" - D 1:45 Music and Movement - A 1:45 Music and Movement with Rachel - C 2:45 Music and Movement with Rachel - D 3:15 Card Games/Puzzles - D 3:30 Library Cart - B 5:30 Dinner and a Movie - GR</p>	<p style="text-align: right;">17</p> <p>9:45 Soothing Hands - A 9:45 Journal Writing - C 10:15 Methodist Church Service - Ch. 3 10:45 Exercise Group - A 11:00 Patio Time (weather permitting) - B 1:30 Strolling Music - A, B, C 1:45 "Clay Art" - D 2:00 Balloon Volleyball - A 3:15 Library Cart - D</p>	<p style="text-align: right;">18</p> <p>9:30 Strolling Music - FW 10:15 Christian Church Service - Ch. 3 10:30 "Time to be Pampered" - GR 1:45 Family Feud - C 1:45 Creative Explorations: "Thank You Cards" - D 1:45 Physical Games - A 2:45 Kindness Klub Visit - GR</p>	<p style="text-align: right;">19</p> <p>9:30 Drum Circle - C 9:30 Aromatherapy - A 9:30 Word Games - D 10:30 Catholic Prayer Service - GR 11:00 Patio Time (weather permitting) - A 2:00 Music Performance with Bob Martinson Trio - GR 3:45 Library Cart - B 3:45 Watercolor Painting - A</p>	<p style="text-align: right;">20</p> <p>Armed Forces Day 9:45 Sensory Group - A 9:45 Balloon Toss - C 10:45 Sand Art - A 10:45 Drum Circle - D 1:30 Trivia - C 1:45 Nail Salon - D 2:30 Strolling Music - FW 3:00 Bingo - B</p>
<p style="text-align: right;">21</p> <p>9:30 Catholic Mass - Ch. 3 10:00 Music for the Senses - A 10:00 Creative Arts Program - C 11:00 "Pictures and Sounds" - A 11:00 Target Practice - D 1:30 Strolling Music - FW 2:00 Movie Matinee - GR</p>	<p style="text-align: right;">22</p> <p>9:45 Piano Lessons - A 9:45 Chair Yoga - C 10:45 Storytelling - A 10:45 Chair Yoga - D 1:45 Music Connections with Rachel - A 2:00 Food Committee Meeting - GR 2:15 "Explore Your Creativity" - D 2:30 Resident Council Meeting - GR 2:45 Music Connections with Rachel - B 3:15 Nail Salon - A 3:30 Drum Circle - C 6:00 Table Games - D 7:00 Word Games - B</p>	<p style="text-align: right;">23</p> <p>9:45 Household Tasks - A (G1) 10:45 "Name That (Famous) Person" - C 1:45 "Let's Act it Out" - B 1:45 Music Connections with Rachel - C 2:45 Music Connections with Rachel - D 3:15 Sensory Group - A 4:00 Library Cart - B, C</p>	<p style="text-align: right;">24</p> <p>9:45 Music for the Senses - A 9:45 Hangman - C 9:45 Bean Bag Toss - D 10:15 Methodist Church Service - Ch. 3 10:45 Exercise Group - A 10:45 "Going Fishing" - D 11:00 Reminiscence Group - B 1:30 Strolling Music - FW 2:15 Resident Store - GR</p>	<p style="text-align: right;">25</p> <p>9:45 Nail Salon - D 9:45 Soothing Hands - A 9:45 Exercise Group - C 10:15 Christian Church Service - Ch. 3 10:45 Gentle Movement - A 11:00 "What's in the Bag?" - B 2:00 Trinity Church Service - GR 2:30 Strolling Music - FW</p>	<p style="text-align: right;">26</p> <p>9:45 Discussion Group - C 9:45 Colors and Shapes - A 10:45 Horse Racing - D 10:45 Aromatherapy - A 1:45 Sensory Group - A 1:45 Nail Salon - C 3:30 Bingo - B 6:00 Storytelling - A 7:00 Art Project - C</p>	<p style="text-align: right;">27</p> <p>9:45 Sensory Group - A 10:45 Darts and Golf - D 11:15 Room Visits - C 2:00 Music Performance with The Harvest Duo - GR 3:45 Recreation Cart - B 6:15 Room Visits - A</p>
<p style="text-align: right;">28</p> <p>9:30 Catholic Mass - Ch. 3 10:00 Matching Game - A 11:00 Exercise Group - D 1:45 Finish the Phrase - C 3:15 Parachute Fun - B</p>	<p style="text-align: right;">29</p> <p>Memorial Day 9:45 Music and Movement - A 10:45 Memorial Day Packet - B, C, D 2:15 Memorial Day Music Performance with Mike Flynn - GR</p>	<p style="text-align: right;">30</p> <p>9:45 Nail Salon - A 9:45 Exercise Group - C 10:45 Balloon Volleyball - D 1:45 Finish the Phrase - B 1:45 Music Connections with Rachel - C 2:45 Music Connections with Rachel - D 3:15 Drum Circle - A 3:30 Word Games - D 6:00 Bingo - C 7:00 Drum Circle - B</p>	<p style="text-align: right;">31</p> <p>9:45 Tactile Program - A 10:15 Methodist Church Service - Ch. 3 10:45 Exercise Group - C 11:45 Resident BBQ (Apple Unit) - GR 1:30 Strolling Music - FW 2:00 Paint and Sip Program - GR</p>	<p style="text-align: center;">Please Note:</p> <div style="text-align: center;">  <p>Programs May Be Moved Outdoors, Weather Permitting</p> </div>	<div style="text-align: center;">  <p>MEMORIAL DAY REMEMBER & HONOR</p> </div>	<p style="text-align: center;">Please Note: All Channel 3 Programming will be Indicated on the Dry/Erase Board on Each Unit Next to the Nurse's Desk</p>