



MARCH 2023

PUTNAM RIDGE RECREATION CALENDAR

*** Please Note: All Programs and Locations are Subject to Change ***



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Recreation/Activity Program Location Key: A = Apple Avenue B = Birch Blvd C = Cedar Court D = Dogwood Drive GR = Great Room FW = Facility Wide Loc TBA = Location to be Announced</p>	<p>www.UABH.com Bringing Wellness to the Workplace</p> <p>March is National Nutrition Month</p>	<p>MARCH IS SOCIAL WORK MONTH</p>	<p>9:30 Soothing Hands - A 10:15 Methodist Church Service - Ch. 3 11:15 Let's Plan a Trip - D 1:15 Movie: "Eat, Pray, Love" - Ch. 3 1:30 Let's Plan a Trip - C 1:30 Family Feud Game - D 2:30 Music Program - B 3:00 Watercolor Painting - A 5:30 Resident Dinner (rescheduled from 2/28) - GR</p>	<p>Dr. Seuss Day</p> <p>9:30 Tactile Program - A 9:30 Current Events Update - C 10:15 Christian Church Service - Ch. 3 10:30 Horse Racing - D 10:45 Balloon Volleyball - A 1:15 Film: "Dr. Seuss Biography" - Ch. 3 1:30 Craft Group: "Blocks" - A 1:30 "20 Questions" - D 3:00 Knock 'em Down - C 3:30 Room Visits - B 4:30 Strolling Music - FW</p>	<p>9:30 Adult Coloring - A 10:15 Movie: "Minions: The Rise of Gru" Ch. 3 10:30 Catholic Prayer Service - GR 1:15 Movie: "The Dig" - Ch. 3 1:30 National Anthem Day Program - C 3:30 National Anthem Day Program - B 6:00 Horse Racing - A 7:00 National Anthem Day Program - D</p>	<p>9:30 Craft Art Project - C 10:30 Film: "Island of the Sea Wolves" - Ch. 3 10:45 Sensory Group - A 11:15 Exercise Group - D 1:15 Movie: "Five Feet Apart" - Ch. 3 2:00 Music Performance with The Harvest Duo - DR 3:45 Word Games - B 6:15 Physical Games - A</p>
<p>5</p> <p>9:30 Catholic Mass - Ch. 3 10:00 Exercise Group - C 11:00 Keep the Beat - A 1:15 Movie: "Savings Mr. Banks" - Ch. 3 1:30 Strolling Music - A, C 1:30 Word Games - D 3:00 Bingo - B</p>	<p>Purim Begins at Sundown 6</p> <p>9:45 Exercise Group - D 10:30 Movie: "Kindergarten Cop" - Ch. 3 10:45 Physical Games - A 11:30 Strolling Music - FW 1:15 Movie: "The Four Seasons" - Ch. 3 2:00 Time for Science - C 3:30 Horse Racing - B 6:00 Sensory Program - A 7:00 Discussion Group - D</p>	<p>7</p> <p>9:30 Sensory Group - A 10:15 Film: "Shania Twain: Not Just a Girl" Ch. 3 10:30 Exercise for the Brain - C 1:15 Movie: "True Spirit" - Ch. 3 1:30 Nail Salon - A 2:00 Casino Games - D 3:00 Sports Arena - C 3:00 Card Games - B 4:00 Balloon Volleyball - C</p>	<p>8</p> <p>9:30 Nail Salon - C 9:30 Sensory Room Visits - A 10:15 Methodist Church Service - Ch. 3 10:45 Horse Racing - A 10:45 Finish the Phrase - D 1:15 Musical: "La La Land" - Ch. 3 1:30 Music Appreciation with Diana - D 1:30 Picture Fun - A 2:15 Music Appreciation with Diana - C</p>	<p>9</p> <p>9:30 Storytelling - A 9:30 Nail Salon - D 10:15 Christian Church Service - Ch. 3 10:30 Table Games - C 1:15 Movie: "Stepmom" - Ch. 3 1:30 Painting with Acrylics - A 1:30 Balloon Volleyball - D 3:00 Trivia - C 3:30 Casino Games - B</p>	<p>10</p> <p>9:30 Current Events Discussion - D 9:30 Discussion Group - A 9:30 Room Visits - C 10:15 Film: "Tales By Light" - Ch. 3 10:45 Purim Program - GR 1:15 Movie: "Never Say Die" - Ch. 3 1:30 Strolling Music - AU 1:30 Nail Salon - B 1:30 Sensory Room Visits - A 3:30 Music Connections with Rachel - D</p>	<p>11</p> <p>9:45 Hangman - C 10:30 Movie: "Barefoot" - Ch. 3 10:45 Bean Bag Toss - A 1:15 Movie: "Waiting to Exhale" - Ch. 3 1:30 Craft Group: "Tape Painting" - D 1:30 Strolling Music - A, B, C</p>
<p>Daylight Savings Time 12</p> <p>9:30 Catholic Mass - Ch. 3 10:00 "Oscars" Trivia Program - D 11:00 Sensory Room Visits - A 11:30 Strolling Music - FW 1:30 "Oscars" Trivia Program - C 3:15 Bingo - B</p>	<p>13</p> <p>9:30 Aromatherapy - A 10:15 Movie: "Big Business" - Ch. 3 10:30 Piano Lessons - C 1:15 Movie: "Megan Leavey" - Ch. 3 1:30 Nail Salon - A 3:00 Balloon Volleyball - B 3:30 Storytelling - A 6:00 Art Project with Harry - C 7:00 Art Project with Harry - D</p>	<p>14</p> <p>9:30 "Learn About Butterflies" - D 10:15 Movie: "Straight Talk" - Ch. 3 10:30 Creative Arts: "Butterflies" - A 1:15 Musical: "State Fair" - Ch. 3 1:30 "Learn About Butterflies" - C 3:00 Nail Salon - B 3:30 Music Connections with Rachel - A 6:00 Recreation Cart - C 7:00 Target Practice - D</p>	<p>15</p> <p>9:30 Exercise Group - C 9:30 Soothing Hands - A 10:15 Methodist Church Service - Ch. 3 10:45 Table Games - A 10:45 Sports Arena - D 1:15 Movie: "The Upside" - Ch. 3 1:30 Nail Salon - C 1:30 "Color By Numbers" - D 3:00 Music and Movement - A 3:30 Balloon Volleyball - B</p>	<p>16</p> <p>9:30 Soothing Hands - A 9:30 Travel with Jessica - C 10:15 Christian Church Service - Ch. 3 10:30 Intergenerational Program with Henry H. Wells Kindness Klub GR 1:15 Movie: "The Terminal" - Ch. 3 1:30 Exercise Group - A 1:30 Card Games - D 3:00 Mini Golf - C 3:30 Time for Science - B</p>	<p>St. Patrick's Day 17</p> <p>9:30 Sensory Group - A 9:30 Nail Salon - D 10:15 Concert: "Daniel O'Donnell" - Ch. 3 10:30 St. Patrick's Day Craft - C 1:15 Concert: "Michael Flatley: Lord of the Dance" - Ch. 3 2:00 St. Patrick's Day Party - GR 3:45 Hangman - B</p>	<p>18</p> <p>9:30 Physical Games - C 10:30 Film: "The Paleface" - Ch. 3 10:45 Target Practice - A 1:15 Movie: "Captain Marvel" - Ch. 3 1:30 Bingo - D 3:00 Table Games - B</p>
<p>19</p> <p>9:30 Catholic Mass - Ch. 3 10:00 Baseball Toss Game - A 11:00 Reminiscence Group - D 1:15 Movie: "Pay It Forward" - Ch. 3 2:00 Music Duo Performance with Bobby and Alex GR</p>	<p>1st Day of Spring 20</p> <p>9:45 Exercise Group - C 10:30 Movie: "The Family Stone" - Ch. 3 10:45 Craft Group: "Tape Painting" - A 1:15 Movie: "The Journey of Natty Gann" - Ch. 3 1:30 Strolling Music - A, B 1:30 Recreation Cart - C 2:00 Time for Science - D 3:00 Storytelling - A 4:00 Recreation Cart - B</p>	<p>21</p> <p>9:30 Nail Salon - A 10:15 Movie: "Give Me a Sailor" - Ch. 3 10:30 Creative Thoughts - D 1:15 Movie: "The Secret Life of Bees" - Ch. 3 1:30 Strolling Music - FW 1:45 Poetry Program - GR 3:30 Sensory Games - A 6:00 Hi/Lo Game - C 7:00 Drum Circle - D</p>	<p>22</p> <p>9:30 Bean Bag Toss - C 9:30 Music for the Senses - A 10:15 Methodist Church Service - Ch. 3 1:15 Movie: "Hidden Figures" - Ch. 3 1:30 Strolling Music - FW 1:45 Women's History Month Program - GR 3:30 Casino Games - B</p>	<p>23</p> <p>9:30 Aromatherapy - A 9:30 Nail Salon - C 10:15 Christian Church Service - Ch. 3 10:45 Balloon Volleyball - A 1:15 Movie: "Caught in the Draft" - Ch. 3 1:30 Fresh Air (weather permitting) - A 1:30 Games/Puzzles - D 3:00 Nail Salon - B 3:30 Music Connections with Rachel - C</p>	<p>24</p> <p>9:30 Adult Coloring - A 9:30 Discussion Group - D 10:15 Concert: "Celtic Women" - Ch. 3 10:30 Catholic Prayer Service - GR 1:15 Movie: "The Usual Suspects" - Ch. 3 2:00 Music Performance with The Bob Martinson Trio - GR</p>	<p>25</p> <p>9:45 Discussion Group - C 10:30 Concert: "Music of the Heart" - Ch. 3 10:45 Physical Games - A 1:15 Movie: "The Kitchen" - Ch. 3 1:30 Nail Salon - D 1:30 Strolling Music - FW</p>
<p>26</p> <p>9:30 Catholic Mass - Ch. 3 10:00 Exercise Group - D 11:00 Sensory Program - A 11:30 Strolling Music - FW 1:15 Movie: "Star Trek" Ch. 3 1:30 Hangman - C 3:15 Bingo - B</p>	<p>27</p> <p>9:30 Household Tasks - A 10:15 Movie: "Colorado" - Ch. 3 10:30 Target Practice - C 1:15 Movie: "The Bachelor and the Bobby-Soxer" - Ch. 3 2:00 Food Committee Meeting - GR 2:15 Physical Games - A 2:15 Sensory Visits - Loc. TBA 2:30 Resident Council Meeting - GR 3:00 Sensory/Tactile Program - A 4:00 Library Cart - B</p>	<p>28</p> <p>9:30 Nail Salon - D 10:15 Movie: "North of the Great Divide" - Ch. 3 10:30 Knock 'em Down - A 1:15 Movie: "Julie and Julia" - Ch. 3 2:00 Music Performance with Tom - GR</p>	<p>29</p> <p>9:30 Recreation Cart - B 9:30 Nail Salon - A 10:15 Methodist Church Service - Ch. 3 10:45 "My Journal" Writing Program - D 1:15 Movie: "The Wizard of Oz" - Ch. 3 1:30 Music Appreciation with Diana - D 1:30 Collage of Memories - A 2:15 Music Appreciation with Diana - C</p>	<p>MLB Opening Day 30</p> <p>9:30 Keep the Beat - A 9:30 Nail Salon - C 10:15 Christian Church Service - Ch. 3 10:30 Horse Racing - D 10:45 Adult Coloring - A 1:15 Movie: "Field of Dreams" - Ch. 3 1:45 Putnam Ridge Baseball - GR</p>	<p>31</p> <p>9:30 Aromatherapy - A (G2) 9:30 Recreation Cart - C 10:15 Concert: "James Taylor" - Ch. 3 10:30 Balloon Activities - A 10:45 Reed Library Visit with Abbey - GR 1:15 Movie: "Eight Men Out" - Ch. 3 1:15 Storytelling - A 1:30 Hangman - D 1:30 Strolling Music - FW</p>	<p>Happy Birthday Dr. Seuss</p> <p>Thursday, March 2nd</p>