

Dinner & Learn

6-8 p.m. Thursday, Oct. 12
at Putnam Ridge, 46 Mount Ebo Road North, Brewster

Effective communication Strategies

People living with dementia often experience behavior changes that can be confusing to friends and family. For caregivers, learning to decode messages through attitude, tone of voice, facial expressions and body language can help both parties to connect and communicate. This program will help to explain communication changes that take place in a person with dementia and identify strategies to connect and communicate at each stage of the disease.



Free dinner provided by Putnam Ridge



Dementia Conversations

Dementia Conversations offers helpful tips to assist families with difficult conversations related to dementia, including going to the doctor, deciding when to stop driving, and making legal and financial plans. This program is primarily for those who have a family member or close friend beginning to experience Alzheimer's or another dementia.



Seating is limited. Call Putnam Ridge to RSVP at 845.278.3636 or the Alzheimer's Association at 800.272.3900 with questions.